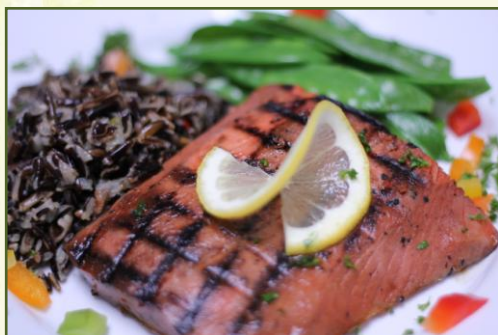


Hollywood Food Styling presents...

REEL MEALS

REEL Meals. REEL Food. REEL You.



As owner of Hollywood Food Styling for over 20 years, Chris Oliver has been exposed to many on-camera projects involving nutrition and health food. Having graduated from the prestigious Culinary Institute of America in New York, Chris felt there was a demand to expand her business and provide delicious and nutritious meals to individuals seeking good health. Mainly, she wanted to show busy people that eating healthy can still be simple, easy and satisfying.



Chris Oliver
Food Stylist &
REEL Food Advocate

What We Do:

REEL Meals are healthy, calorie controlled (1200/1500/1800) meals that are prepared fresh and delivered to your door.

Included:

- BREAKFAST
- A.M. SNACK
- LUNCH
- P.M. SNACK
- DINNER



Benefits to You:

- Satisfying and Delicious Food
- Health and Well-Being
- More Time
- Learn About Portion Control
- Control Poor Eating Habits
- Convenience
- Develop Good Eating Patterns
- Well-Balanced Meals 30/30/40
- Recognize Good Carbohydrates and Lean Proteins

**3 weeks worth of
weekday meals for only \$525!**

****Free Delivery in Huntington Beach area**

**REEL MEALS
(818) 439-1996**

CONTACT US FOR MORE INFORMATION!

Call: _____

15602 Graham St.
Huntington Beach, CA 92649

WWW.HOLLYWOODFOODSTYLING.COM

Hollywood Food Styling Presents...

REEL MEALS

SAMPLE MENU

Breakfast

Scrambled Eggs
Fire-Roasted Salsa, Avocado
Fresh Seasonal Fruit

A.M. Snack

Apple Slices
Creamy Almond Butter & Sea Salt

Lunch

Grilled Garlic Chicken
Whole Wheat Pasta
Roasted Herbed Vegetable Medley

P.M. Snack

Roasted Artichoke with Lemon
Parsley & Almond Pesto Sauce



Dinner

Roasted Marinated Skirt Steak Roll-ups
Black Wild Rice
Grilled Balsamic-Glazed Asparagus

***REEL Meals.
REEL Food.
REEL You.***



REEL MEALS

(818) 439-1996

CONTACT US FOR MORE INFORMATION!

Call:

15602 Graham St.

Huntington Beach, CA 92649

WWW.HOLLYWOODFOODSTYLING.COM